

**Reconnect**  
with your inner self



**TATTVA**  
— SPA —

**COURTYARD**  
BY MARRIOTT  
Bengaluru Hebbal

## MASSAGES

### Swedish Massage

60 ⌚ | INR 3300  
90 ⌚ | INR 5000

### Deep Tissue Massage

60 ⌚ | INR 3500  
90 ⌚ | INR 5300

### Indian Abhyanga 🌿

60 ⌚ | INR 3300  
90 ⌚ | INR 5000

### Potali Massage

75 ⌚ | INR 4300

### Jetlag Recovery

90 ⌚ | INR 5500

### Signature Tattva Therapy 🌿

90 ⌚ | INR 5300

## BEAUTY ELIXIRS

### Floral Mist

45 ⌚ | INR 3000

### Kalp Vriksha 🌿

45 ⌚ | INR 3000

### Vanilla & Nutmeg Smoothie

45 ⌚ | INR 3000

### Prithvi (Clay Wrap)

30 ⌚ | INR 2500

### Cleansing Facial

30 ⌚ | INR 1800

### Shine Facial

60 ⌚ | INR 2500

### Young & Radiant Facial

60 ⌚ | INR 3500

### Hydra Facial

60 ⌚ | INR 4000

## FACE MASK SELECTION

### White Mulberry -Peel Off Mask

30 ⌚ | INR 1500

### Green Tea Tree -Peel Off Mask

30 ⌚ | INR 1500

### Activated Charcoal -Peel Off Mask

30 ⌚ | INR 1500

🌿 Recommended for higher Immunity boosting.

Reservations: 9999 835852. More information: [www.tattvaspa.com](http://www.tattvaspa.com)

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## EXPRESS THERAPIES

### Indian Head Massage

30 ☺ | INR 1700

### Oriental Back Massage

30 ☺ | INR 2000

### Leg Fatigue Reliever

30 ☺ | INR 2000

### Travel Energizer

30 ☺ | INR 2000

## SPA SOJOURNS

### Deep Sleep

60 ☺ Deep Tissue massage

30 ☺ Indian Head massage | 30 ☺ Leg Fatigue Reliever

120 ☺ | INR 6100

### Bliss (Couple Spa)

Choice of full-body swedish or abhyanga massage

90 ☺ | INR 9000

### Nourish

60 ☺ Swedish or Deep Tissue Massage

| 60 ☺ Shine Facial

120 ☺ | INR 5400

### Serenity (Couple Spa)

60 ☺ Swedish or Deep Tissue Massage

| 60 ☺ Shine Facial

120 ☺ | INR 10200

### Replenish

60 ☺ Indian Abhyanga Massage

45 ☺ Floral Mist | 30 ☺ Prithvi wrap

135 ☺ | INR 7500

### Unwind - Rewind

Avail any 5 massages of 60 ☺ each  
(Choice of swedish, deep tissue & abhyanga massage)

300 ☺ | INR 14000

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