

Reconnect with your inner self



TATTVA
—WELLNESS—

NOVOTEL
BENGALURU OUTER RING ROAD

MASSAGES

Swedish Massage

60 ☉ | INR 3400
90 ☉ | INR 5100

Deep Tissue Massage

60 ☉ | INR 3600
90 ☉ | INR 5400

Indian Abhyanga

60 ☉ | INR 3400
90 ☉ | INR 5100

Jetlag Recovery

90 ☉ | INR 5600

Potali Massage

60 ☉ | INR 4400

Signature Tattva Therapy

90 ☉ | INR 5400

BEAUTY ELIXIRS

Floral Mist

45 ☉ | INR 3000

Kalp Vriksha

45 ☉ | INR 3000

Shine Facial

60 ☉ | INR 3000

Cleansing Facial

30 ☉ | INR 2100

Prithvi (Clay Wrap)

30 ☉ | INR 2500

Hydra Facial

60 ☉ | INR 4500

Vanilla & Nutmeg Smoothie

45 ☉ | INR 3000

Young & Radiant Facial

60 ☉ | INR 4000

EXPRESS THERAPIES

Indian Head Massage

30 ☉ | INR 1700

Leg Fatigue Reliever

30 ☉ | INR 2000

Travel Energizer

30 ☉ | INR 2000

Oriental Back Massage

30 ☉ | INR 2000

Reconnect with your inner self



WELLNESS DETOX

Facial Detoxification

60 ⊕ | INR 3500

Flexibility for a younger you

90 ⊕ | INR 5300

Un-tech Hands free

60 ⊕ | INR 3500

Insomnia De - Addiction

60 ⊕ | INR 3500

Reduce Tension

30 ⊕ | INR 1900

60 ⊕ | INR 3500

SPA SOJOURNS

Deep Sleep

60 ⊕ Deep Tissue massage
30 ⊕ Indian Head massage | 30 ⊕ Leg Fatigue Reliever

120 ⊕ | INR 6600

Nourish

60 ⊕ Choice of Full Body Swedish, Indian Abhyanga Massage
or Deep Tissue Massage | 60 ⊕ Choice of Facial

120 ⊕ | INR 6800

Replenish

60 ⊕ Aromatherapy Massage | 45 ⊕ Floral Mist
30 ⊕ Prithvi wrap | 15 ⊕ Soothing head Massage

150 ⊕ | INR 8800

Couple Retreat

90 ⊕ Choice of Full Body Swedish or Deep Tissue Massage
Room decoration - only on prior request & availability

90 ⊕ Each | INR 9700