

Reconnect with your inner self



COURTYARD
BY MARRIOTT
Gurugram
Downtown

MASSAGES

Swedish Massage

60 ☉ | INR 3500
90 ☉ | INR 5300

Deep Tissue Massage

60 ☉ | INR 3700
90 ☉ | INR 5600

Indian Abhyanga

60 ☉ | INR 3500
90 ☉ | INR 5300

Jetlag Recovery

90 ☉ | INR 5700

Potali Massage

60 ☉ | INR 4500

Signature Tattva Therapy

90 ☉ | INR 5500

BEAUTY ELIXIRS

Floral Mist

45 ☉ | INR 3000

Kalp Vriksha

45 ☉ | INR 3000

Shine Facial

60 ☉ | INR 3000

Cleansing Facial

30 ☉ | INR 2300

Prithvi (Clay Wrap)

30 ☉ | INR 2500

Hydra Facial

60 ☉ | INR 4500

Vanilla & Nutmeg Smoothie

45 ☉ | INR 3000

Young & Radiant Facial

60 ☉ | INR 4000

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EXPRESS THERAPIES

Indian Head Massage
30 ☉ | INR 1800

Leg Fatigue Reliever
30 ☉ | INR 2100

Oriental Back Massage
30 ☉ | INR 2100

Gentle Eye Reviver
30 ☉ | INR 1800

Travel Energizer
30 ☉ | INR 2100

SPA SOJOURNS

Deep Sleep
60 ☉ Deep Tissue massage
30 ☉ Indian Head massage | 30 ☉ Leg Fatigue Reliever
120 ☉ | INR 6800

Nourish
60 ☉ Choice of Full Body Swedish, Indian Abhyanga Massage
or Deep Tissue Massage | 60 ☉ Choice of Facial
120 ☉ | INR 6900

Replenish
60 ☉ Aromatherapy Massage | 45 ☉ Floral Mist
30 ☉ Prithvi wrap | 15 ☉ Soothing head Massage
150 ☉ | INR 8900

Couple Retreat
90 ☉ Choice of Full Body Swedish or Deep Tissue Massage
Room decoration - only on prior request & availability
90 ☉ Each | INR 10100