

Reconnect with your inner self



GRAND MERCURE
BENGALURU GOPALAN MALL

MASSAGES

Swedish Massage

60 Min | INR 3300
90 Min | INR 5000

Deep Tissue Massage

60 Min | INR 3500
90 min | INR 5300

Indian Abhyanga

60 Min | INR 3300
90 Min | INR 5000

Jetlag Recovery

90 Min | INR 5500

Potali Massage

60 Min | INR 4300

Signature Tattva Therapy

90 Min | INR 5300

BEAUTY ELIXIRS

Floral Mist

45 Min | INR 3000

Kalp Vriksha

45 Min | INR 3000

Shine Facial

60 Min | INR 2500

Prithvi (Clay Wrap)

30 Min | INR 2500

Cleansing Facial

30 Min | INR 1800

Vanilla & Nutmeg Smoothie

45 Min | INR 3000

Young & Radiant Facial

60 Min | INR 3500

Hydra Facial

60 Min | INR 4000

EXPRESS THERAPIES

Indian Head Massage

30 Min | INR 1700

Oriental Back Massage

30 Min | INR 2000

Leg Fatigue Reliever

30 Min | INR 2000

Travel Energizer

30 Min | INR 2000

Reconnect

with your inner self



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SPA SOJOURNS

Deep Sleep

60 Min Deep Tissue massage
30 Min Indian Head massage | 30 Min Leg Fatigue Reliever
120 Min | INR 6500

Nourish

60 min Choice Between Swedish, Deep Tissue
or Indian Abhyanga Massage | 60 min Shine Facial
120 Min | INR 5400

Bliss (Couple Spa)

Choice of full body swedish, Deep Tissue
or abhyanga massage
90 Min each | INR 9500

Serenity (Couple Spa)

60 min Choice between Full body Swedish, Deep tissue
or Indian Abhyanga Massage | 60 min Shine facial
120 Min each | INR 10800

Replenish

60 min Indian Abhyanga Massage
45 min Floral Mist Body Polisher | 30 min Prithvi wrap
135 Min | INR 7900

Unwind - Rewind

Avail any 5 massages of 60 min each
(Choice of Swedish, Deep Tissue & Abhyanga Massage) Valid Only for 15 days
300 Min | INR 14000